

Quilt requirements of QOV are as follows

Fabric used should be high quality 100% "shirt-weight" or "quilt-weight" cotton fabric appropriate for adults.

While Quilts of Valor do not have to be red, white, and blue, most recipients, given a choice, choose quilts that are patriotic in theme

Patterns and blocks can be of any design suitable for a patriotic theme.

Use of military-branch-specific fabrics (Army, Navy, etc.) or non-"patriotic" fabric (overly floral), unless the recipient is known in advance, may create difficulty in identifying a recipient.

A Quilt of Valor is to be large enough to cover an average-sized adult, with an ideal size approximately 60" x 80." Finished size can be no smaller than 55" x 65" and no larger than 72" x 90."

A Quilt of Valor consists of a top, batting, and backing, and must be machine quilted or hand quilted. A tied quilt is not acceptable for a Quilt of Valor.

Batting should be quality, low-loft batting. Quilting should be appropriate for the quilt and not overly dense, which can reduce the loft of the quilt.

Binding strips should be joined with diagonal seams. Binding should be double-fold ("French fold"), attached by machine, and finished by hand or machine.

A Quilt of Valor must be labeled as such.

- Must have the words Quilt of Valor
- May be your own design (hand-written in permanent ink, embroidered, pieced, computer printed, screen printed)
- Must include space for name of recipient
- Must have names of top maker, quilter, and binder (can include first and last names, city, and state)
- Cannot include religious or political message (possible exception if recipient is well known)
- May include date and location of award
- May include washing instructions (cold water, mild detergent, "color catcher," dry on low heat)